

The SIDS and Kids Child Care Kit contains:

SIDS and Kids Safe Sleeping

- 1 SIDS and Kids Safe Sleeping DVD which includes an additional special presentation 'Taking Care of Your Baby', targeted at indigenous carers and families
- 1 laminated SIDS and Kids Safe Sleeping poster
- 1 A4 laminated and one additional copy SIDS and Kids Safe Sleeping Policy
- 1 SIDS and Kids Safe Sleeping FAQs for Child Care Services
- 2 long version SIDS and Kids Safe Sleeping brochures
- 2 short version SIDS and Kids Safe Sleeping brochures
- 3 door hangers (to remind staff about SIDS risk reduction)
- 1 article by Moon RY and Oden RP (2003) Back to Sleep: Can We Influence Child Care Providers? Pediatrics Vol. 112 No 4 October 2003
- 1 sticker - SIDS and Kids Safe Sleeping Zone

Emergency Response and Support

- 1 laminated A4 Emergency Response Guideline for Child Care Centre staff
- 1 copy of guidelines for Child Care Centre staff following a sudden and unexpected infant or young child death
- 1 copy of each of the bereavement support booklets for the Child Care Centre Library:
 - Treasured Babies
 - To Family and Friends - you can make a difference
 - Always Your Child
 - Grandparent to Grandparent
 - What About the Other Kids
- An article on children's grief by Dr Carol Irizarry

Training Modules

- Staff Training Module 1 - Questions
- Staff Training Module 1 - Answers

SIDS and Kids Child Care Kit

Each year Sudden Infant Death Syndrome (SIDS) and fatal sleep accidents claim the lives of many babies as a result of unsafe sleeping practices that could have been avoided.

Carers and staff in children's services have a duty of care and are responsible for the protection, safety and wellbeing of children in their care. As sleep and rest times are generally a significant aspect of infants and young children's care routines it is essential that staff and carers understand and implement safe sleep practices. Moreover, staff and carers in children's services should support families of infants and young children to implement safe sleep practices in the home environment.

To meet the Satisfactory requirements for FDCQA and the QIAS, services must ensure that they develop and implement sleep policies and procedures which are based on current advice gained from a relevant recognised authority.

SIDS and Kids has developed a resource kit that provides practical information to assist services and schemes to develop sleeping policies and practices that meet national best practice guidelines. The kit also contains information to support services and schemes to communicate with families about safe sleep practices. This will help carers and staff to both substantiate service practice and to assist families to follow safe sleep practices at home.

The training module included in the kit can assist in improving the knowledge of carers and staff. It may also be a useful addition to induction and orientation programs for new carers and staff.

The purchase of the kit entitles the service to ongoing support from SIDS and Kids through relevant information updates for a period of two years. The updates will be sent by post or e-mail. The kit may be ordered through the SIDS and Kids website (www.sidsandkidsshop.org), by telephoning 03 9819 4595 or by fax (03 9818 4596).