

Library Resources

The Centre is also a resource for the Hunter Region supplying current information and pamphlets, a library of books and videos can be borrowed by families, professionals, students and the community.

The library features books, videos and other resources that would be of interest to those who have been touched by the sudden and unexpected death of a child. Library resources are available for borrowing to those living in the Hunter Region. Loan period is for one month only.

Some reading suggestions which may assist you in your time of grief:

COPING WITH GRIEF

Mal McKissop

For bereaved people and those in touch with them. One of the most popular grief books available.

EMPTY ARMS

Sherokee Ilse

A practical guide to assist parents cope with miscarriage, stillbirth and neonatal death.

MISCARRIAGE; A shattered dream

Sherokee Ilse & Linda Burns

A comprehensive guide to medical information about miscarriage, and supportive material to help families affected.

STILL TO BE BORN

Pat Schwiebert & Paul Kirk

A Guide for Bereaved Parents Who are Making Decisions About Their Future.
Information to help face the grief, fear or ambivalence in a subsequent pregnancy after a loss.

WHEN THE DREAM IS SHATTERED

Judith & Michael Murray

Coping with difficulties with infertility, miscarriage, premature birth, loss of a newborn and abnormality. For couples and those who support them in their grief.

YOUR BABY HAS DIED

R Crowther & P Brabin

Encourages parents to make the best possible use of the limited time they spend with their dead or dying baby.

EMPTY CRADLE, BROKEN HEART

Deborah L Davis

Surviving the Death of Your Baby. Practical, caring information about feelings, death decisions, family needs, telling the other children, support networks, subsequent pregnancies

GO GENTLY; A Parents grief

David Morawetz

An Australian psychologist whose infant son died of SIDS writes fairly directly about parent grief.

STILLBIRTH AND NEWBORN DEATH; Death and Life are the same mysteries

Peter Barr & D de Wilde

Written with great empathy and sensitivity, this book is for both health workers and parents experiencing a loss.

PREGNANCY AFTER LOSS

Jane & Michael Warland

Written by a bereaved parent/midwife from Adelaide. Chapters include: Is it time?, The first trimester, the second trimester, preparations, the last trimester, birth days, early days, subsequent parenting, children, the male perspective, family and friends, your health professional.. plus personal stories.

IF ONLY I HAD KNOWN...All the things we learnt in our first year of grief.

Joanne Burr

Written by a mother and her daughter after the sudden loss of her 15 year old Simon. A book for bereaved parents and their loved ones, about the huge learning curve of the first year and all the things they learnt that they wished someone had told them in the first month.

A SILENT SORROW: Pregnancy loss

Kohn & Moffitt

Offers guidance and support as it examines why men and women grieve differently, the impact pregnancy loss can have on each parent's career, how to cope with ending an impaired pregnancy, the dual burden of pregnancy loss and infertility and managing stress during a subsequent pregnancy.