

Publications

These publications are all available free of charge because of community support for our fundraising efforts.

Please send me:

- SIDSandKids** Safe Sleeping
- Scientific Literature
- About SIDS: Some answers to your questions
- To family and friends you can make a difference
- The management of Sudden Infant Death Syndrome: A guide for general practitioners
- Publications and videos for children, health professionals, parents and others
- Always your child
- Choices in arranging a child's funeral
- Grandparent to grandparent
- When a baby dies
- Another baby? The decision is yours
- SIDS Newsletter

24-hour Telephone Crisis Line

The SIDS Crisis Intervention Social Worker attends all sudden unexpected deaths as soon as possible and provides support and information to the family.

Bereavement Support

Ongoing Bereavement Support provided by a counsellor and trained parent supporters is available by phone and in person to families and anyone else affected by an infant or child's death.

Support is provided according to the wishes of the individual or family for as long as required. This can be provided by counsellors, trained parent supporters, support groups and through family activities.

Families are linked to other support groups and agencies according to their wishes.

Other **SIDSandKids** services include metropolitan support groups, a Children's Program, Fathers' Nights, Country Support Network, and the annual Red Nose Day Memorial Services.

Child Deaths in South Australia

The number of SIDS deaths in South Australia has dropped by 70% since 1990. This reduction is directly related to the Reducing the Risk of SIDS program begun in 1991 and fully funded by SIDS organisations. However, SIDS is still the major cause of death in babies aged between one month and one year.

Each year a further 30 children under six years of age die suddenly and unexpectedly from illnesses and accidents and over 130 babies are stillborn.

Reducing the risk of SIDS

The most recent research findings have identified factors that will reduce the risk of SIDS.

To reduce the risk of SIDS:

1. Put your baby on the back to sleep
2. Make sure your baby's head remains uncovered during sleep
3. Keep your baby smokefree – before and after birth.

History of SIDS

SIDS was established in 1977 by a group of parents. Since that time the Association has grown from a small self-help group to an organisation with wide community recognition, in which professionals and trained parents work in partnership to reach out to support families and educate the community.

SIDSandKids family service programs offer support to those affected by the sudden and unexpected death of any infant or young child from 20 weeks gestation up to six years of age.

Funding

SIDSandKids is funded solely by the community. There is no Government funding for family services, education or SIDS research.

Since 1988, Red Nose Day has become one of the most widely known fundraising events in Australia. The support of the public has been phenomenal in selling and purchasing products, resulting in improved family services, the Reducing the Risk of SIDS program and increased research into possible causes of infant mortality.

As well, **SIDSandKids** operates an active fundraising program which includes raffles, competitions and events.

You may wish to volunteer and become involved in the work of the organisation through community education, parent support or fundraising activities.

SIDSandKids

Sudden Infant Death Syndrome Association Inc.

301 Payneham Road, Royston Park SA 5070

Tel (08) 8363 1963

Freecall 1800 656 566

Fax (08) 8363 2829

email adelaide@sidsandkids.org

web www.sidsandkids.org



*Working together
so our dreams
can be fulfilled...*

SIDSandKids



The Sudden Infant Death Syndrome Association of South Australia (SIDSandKids) offers services to families of children who die suddenly and unexpectedly from 20 weeks gestation to six years of age. The children may have died from SIDS, drowning, a fast-onset illness, accidentally or stillbirth.

Our 5 Aims and Objectives

- 1** To provide a 24-hour crisis outreach service to the immediate and extended family of a child who has died suddenly and unexpectedly.
- 2** To support families and others for as long as necessary.
- 3** To provide accurate, current information about SIDS and other sudden infant and child deaths to the community and to heighten awareness of relevant special issues.
- 4** To stimulate and fund research which may ultimately isolate the causes of sudden infant death, predict at-risk groups and help develop preventative programs. To provide a central bank of information to help researchers and health professionals.
- 5** To raise sufficient funds to fulfil the above aims and objectives.

SIDSandKids offers debriefing, information and support to anyone who has been affected by a child's death.
Call 1800 656 566 or (08) 8363 1963

I would like to help SIDSandKids by making a donation.
(Donations over \$2.00 are tax deductible)

Enclosed is my gift of \$ _____

Cheque Money Order

or please debit my:

Bankcard Mastercard Visa
 Diners Amex

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Expires on _____ Signature _____

I would like information on:

becoming a volunteer having a speaker making a bequest

Name: Mr/Mrs/Ms/Miss/Dr _____

Address _____

Postcode _____

Phone: (H) _____ (W) _____