

Bereavement Support Groups

**An outline of all the bereavement
support groups offered by
SIDS and Kids NSW**

SUPPORT GROUPS AT SIDS and Kids NSW

Early Pregnancy Loss Support Group

First Tuesday of the month **10.00am—12.00pm**

This group is for women and their partners who have experienced miscarriage. From time to time groups are conducted which specifically focus on issues surrounding miscarriage. Please note that children are not able to be present and parents will need to make alternative arrangements for their care.

SUDI One Year and Over Support Group

First Wednesday of the month **10.00am-12.00pm**

This group is for families who have experienced the sudden undetermined death of their child over one year of age. Babies may attend in the care of a parent.

SUDDS Group

First Thursday of the month **10.00am—12.00pm**

This group is for women and their partners who have experienced the sudden unexpected death of their child during sleep, under the age of 1year. Please note that children are not able to be present and parents will need to make alternative arrangements for their care.

Stillbirth and Neonatal Death Support Group

Third Wednesday of the month **10.00am-12.00pm**

The Stillbirth and Neonatal Death Support group is for families who have experienced the death of their baby during pregnancy or soon after. Please note that children are not able to be present and parents will need to make alternative arrangements for their care.

Multiples (AMBA) Support Group

Fourth Wednesday of the month **10.00-12.00pm**

This group caters for families who have had a multiple pregnancy which resulted in some or all babies dying during pregnancy or early childhood. The group provides an opportunity to meet other bereaved multiple birth families and share experiences and memories. Small children may attend in the care of a parent.

SUPPORT GROUPS AT SIDS and Kids NSW

Kids' Group & Coffee Morning

School Holidays **10.00am — 12noon**

This group is for children 5—10 years of age and meets during the school holidays. It provides the opportunity for kids to meet other kids whose brother or sister has died. Time will be spent creating memories and reading stories. RSVP for date and venue information. Parents must remain on the premises during the group.

Subsequent Pregnancy Group

Second Wednesday of the month **10.00am -12noon**

This group is for women and their partners who are pregnant again or recently had another baby after the loss of a child. Please note babies under 18 months are welcome in the care of their parents. For those over 18 months, parents will need to make alternative arrangements for their care.

Termination Support Group

Fourth Thursday of the month **10.00am - 12.00pm**

This group is for those who have experienced the termination of a pregnancy to have the opportunity to meet and share their experiences in a respectful, safe and confidential setting. Please note that children are unable to be present and parents will need to make alternative arrangements for their care.

One Year & Over Support Group

Fourth Friday of the month **10.00am—12.00pm**

The One Year & Over Support group is for families whose child has died of any cause after one year of age. Please note that children are not able to be present and parents will need to make alternative arrangements for their care.

These Support Groups are all held at the SIDS and Kids NSW Office:

SIDS and Kids NSW
Building 303, Gate A
Rozelle Hospital Campus
Balmain Road, Rozelle

All attendees must RSVP to attend the group. Please contact the Health Promotion Team on **02 9818 8400**.

See over for other metropolitan and regional groups.

SYDNEY METROPOLITAN

Camperdown:

RPA Women's and Babies Hospital
Ground Floor, King George V Bldg,
Missenden Rd, Camperdown
First Tuesday of the month 7—9 pm
Katie Delved (Social Worker) 9515
9908 or call 9515-6111, page 80360
(Mon/Tue)

*Support group for pregnancy loss,
stillbirth and neonatal death.*

Koori Group:

Mudgin-Gal, Chippendale
Ph: Mudgin-Gal 9515 8465

Liverpool:

Liverpool Hospital
Social Work Department
First Tuesday of the month 7—9 pm
Social Work Department Ph: 9828
5594

Westmead:

Westmead Hospital
Education Block, Seminar Room 4
2nd Wednesday of the month 6-8 pm
Ph 9818-8400 for details

OUTER METROPOLITAN

Blue Mountains:

This Coffee Morning is held on the 2nd
Monday of each month at 11am-12.30pm.
Please contact the office on 02 9818 8400
for further details.

Gosford:

Diabetic Centre
Cnr Holden and Faunce Streets, Gosford
First Wednesday of the month, 7.30pm
Debbie Scealy Ph: 4390 3238

Wollongong:

The **Coffee Morning** is held on the last
Tuesday of each alternate month at 11am
-12.30pm.

The **Support Group** is conducted on the
last Tuesday of every other month. These
groups are coordinated by Siria Thomas
and Suzie Myers. Please contact the
office on 02 9818 8400 for further details.

RURAL AND REGIONAL

Cowra:

Cheryl Bradshaw
(Child and Family Health Nurse)
6340 2356

Wagga Wagga:

Calvary Private Hospital
Ros Addison 6925 3055

Port Macquarie:

Trish Davis 6582 0847

Newcastle:

Monthly bereavement support groups,
SIDS and Kids Hunter Region Drop-In
Centre
Call the office 4969 3171